

— OUR TEAM —

Tamara Bodnar



I'm Tamara Bodnar, I'm a professor and lead of the Health Generations research team at the University of Calgary. I've been studying Fetal Alcohol Spectrum Disorders (FASD) for 15+ years, starting in Vancouver and recently now in Calgary. Outside of research, the Rocky Mountains are my happy place, and you'll find me hiking, skiing, climbing, biking, or swimming any chance I get and always with my dog, Cypress!

Nathaniel Thomson

I'm a graduate student in the lab with a passion for nursing and microbiology. I hold a Bachelor of Nursing from the University of Alberta and a Bachelor of Science in Microbiology from the University of British Columbia. My research aims to better understand the long-term impacts of prenatal alcohol exposure on health, including mental health. Outside of research, I enjoy climbing, staying active with interests in classical piano and outdoor activities.



Erika Tjostheim



I am a graduate student with the lab and have a background in paramedicine, biology, and chemistry. I recently completed my undergraduate studies in biology and chemistry at the University of Calgary. In addition to working in the lab and studying, I work as a Paramedic, ski patroller, and climbing instructor. My free time is spent outside climbing, skiing, hiking, biking, and running through the Rocky Mountains

Garrett Cruickshank



I am a current graduate student with a background in microbial analysis. I obtained my BSc in Cell and Developmental Biology from the University of British Columbia. After graduating, I worked as a research assistant in several labs before taking a break from my studies to travel to Southeast Asia. I am excited to be back and continuing research for such an important topic. Outside of the lab, I love to stay active and be outside, with soccer and skiing consuming a lot of my time

Emma Giglio

Hello everyone! My name is Emma! I am an undergraduate student studying Biomedical Sciences. A little about me, I love swimming, running, and biking, and I hope to complete an Ironman race in the future.



Maddy Fraser



My name is Maddy, and I am a 4th year Cellular, Molecular, and Microbial Biology student at the University of Calgary. In my spare time, I play tennis, soccer, listen to music, and read lots of books in my hammock!

Hi everyone! My name is Bhavana, and I am the Research Coordinator for the Lab! I completed my Bachelor of Science Honours degree from the University of Calgary with a major in Psychology. Specifically, my work has involved autism, fetal alcohol spectrum disorder (FASD), stroke, Alzheimer's disease, and dementia. I am excited to continue my education and continue exploring aging in FASD under Dr. Bodnar's supervision. Outside of studies, I love being in nature, playing with my dogs, and exploring hidden gems!

Bhavanva Gill



Colleen Peterson



I'm Colleen Peterson, a MD-PhD student in my first year of medical school at the University of Calgary, with an interest in the association between prenatal environments and adult mental health outcomes. I'm helping out in the lab over the next year. Outside of the lab and books, I spend my time running, baking, and experimenting with brewing my own beer.

Daria Dudek



Hello everyone! My name is Daria Dudek and I am a second-year Biomedical Sciences student at the University of Calgary. I love learning new things and understanding the complexities of the human body. I am very excited to be part of the team and learn more about everything we will be working on! Beyond school, I love being in the mountains doing whatever new activity I find, travelling, and being with my family. I'm excited to connect with you all!

Kyla Salder

My name is Kyla and I am a third year in Cellular, Molecular, and Microbial biology. I look forward to continuing my passion for science and joining the team this summer! Outside of school, I enjoy being active, volunteering, and spending time with my friends, family and dog



Guntaas Randhawa



Hey everyone! My name is Guntaas, and I am in my second year of my undergraduate degree, Bachelor of Nursing. In my free time, I love travelling, going to Pilates, and coaching basketball! I'm super excited to contribute to research in Dr. Bodnar's lab and I look forward to getting to know everyone better!

Holly Anghel

Hello! I'm Holly, I am a Cree and Scottish Métis student currently in my 2nd year of earning my undergraduate degree in International Indigenous Studies. I am currently a Research Assistant for the One Child Every Child program, which aims to identify factors that contribute to child health and wellness in Indigenous communities. In my free time you can find me at home beading, reading, or goofing around with my rowdy orange cat, Mio.

